

Book Title - Oops! My ADHD is Showing! ISBN - 978-1-9194631-0-0

Available Formats - Paperback and PDF Download. Pricing - £6.99-£7.99 and £299

Available From - Ingram via Lightning Source (paperback only), thinkersguild.co.uk/shop (author's website) and Google Books (digital only)

Description -

“Oops! My ADHD is Showing!” is a relatable collection of real-life ADHD moments. Sometimes chaotic, oftentimes honest, and definitely warm and wonderfully human.

From forgetting you drove to work (and taking the bus home), to serving frozen pizza because the oven wasn't switched on, to derailing a simple Google search with seventeen distractions and a cat meme... this book captures ADHD life exactly as it is: messy, funny, and full of charm.

Perfect for:

ADHD teens and adults

Parents of ADHD children

Teachers, SENCOs, therapists, and counsellors

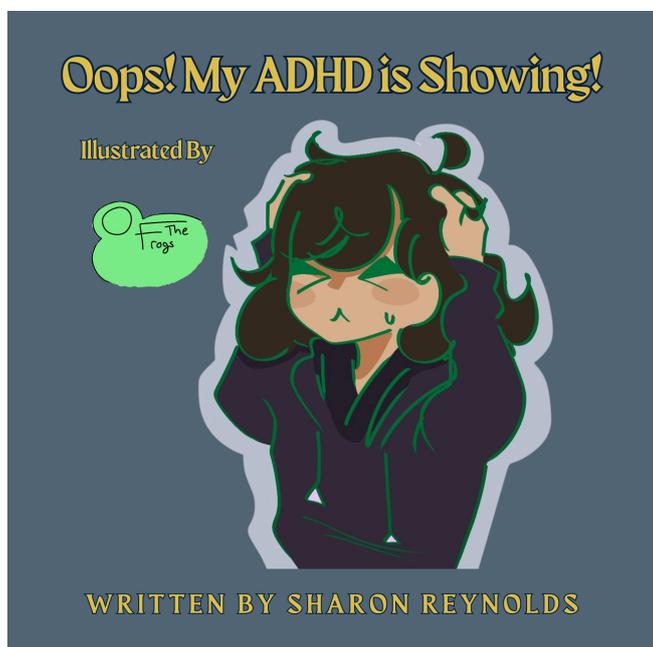
Anyone who uses humour to cope with life

Gifts, stocking fillers, or “you're not alone” moments

Comforting, chaotic, and laugh-out-loud familiar.“

USP - Written by a solo mum with autistic children, illustrated by one of her home-educated autistic daughters, printed using a dyslexia friendly font, child-friendly, talking about disabilities with a lighter tone of voice, no shame and a little humour.

Ordering Information - Ingram via Lightning Source, direct from author or Google Books



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