

Book Title - Oops! My Anxiety is Showing! ISBN - 978-1-9194631-5-5

Available Formats - Paperback and PDF Download. Pricing - £6.99-£7.99 and £2.99

Available From - Ingram via Lightning Source (paperback only), thinkersguild.co.uk/shop (author's website) and Google Books (digital only)

Description -

The “Oops! Books.” series is a collection of bite-sized, real-life moments that capture the humour, chaos and familiarity of everyday family life.

Each page is a quick, recognisable snapshot — the kind that makes children and adults alike think, “that’s exactly us.”

Written with warmth and wit, the books gently reflect experiences such as ADHD, anxiety and autism, without feeling heavy or instructional.

- Short, accessible text — ideal for reluctant readers
- Engaging, humorous content that children immediately connect with
- Perfect for reading for pleasure or sparking discussion
- Supports PSHE themes in a natural, low-pressure way
- Suitable for home, classroom, or shared reading

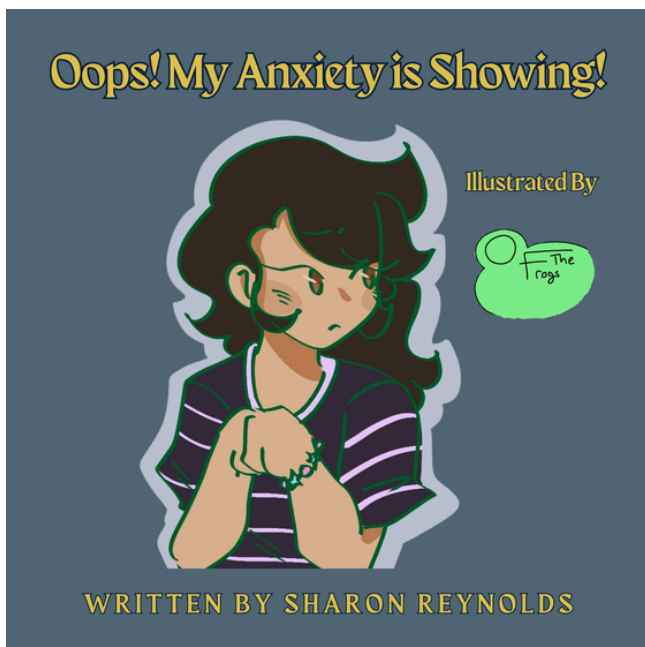
Reviews -

“We laughed together.” “So relatable... that’s exactly us.” “Great and funny, mostly.” (age 8)

“Expressive, characterful artwork that brings each moment to life.”

USP - Written by a solo mum with autistic children, illustrated by one of her home-educated autistic daughters, printed using a dyslexia friendly font, child-friendly, talking about disabilities with a lighter tone of voice, no shame and a little humour.

Ordering Information - Ingram via Lightning Source, direct from author or Google Books



Sample Pages

